



ABSOLUTE REHABILITATION AND WELLNESS

SPORTS ASSESSMENT
& PLAYER PERFORMANCE
PROTECTION PLAN = P4

Injuries do happen

To Whom it May Concern,

P4 = PLAYER PERFORMANCE PROTECTION PLAN.

Performance care is an essential aspect of an athlete's well being, and longevity in sport, and as a cutting edge facility, we offer just that. We have had great success with treating some of your current clients at our clinic, and would love the opportunity to discuss a collaboration to extend this service to more of your clients.

With performance care, we have the ability to treat any dysfunctions found through our neuro-functional assessment, and zero in on areas that will potentially become a hindrance for an athlete of this caliber throughout their career, allowing the athlete to excel in their sport without preventable repetitive stress injuries.

Hockey specific movements are un-orthodox to the human body. We are designed to run, walk, leap, squat and twist, not skate. Due to the abnormal stresses on an athlete's core, hip musculature, groin, this will pre-dispose these areas to a repetitive stress. Our group of Elite practitioners, from the Medical Contemporary Acupuncture program offered at McMaster University, has observed these patterns of restriction beginning as early as 9 years of age. Interestingly, imagine the restrictions that have developed by the time these athletes have turned pro.

In order to combat these patterns of restriction that will lead to a decrease in performance, we have the technology and methods to combat this through our neuro-functional sports assessment and treatments. Our technology includes electro-acupuncture, shockwave therapy, neural therapy injections and custom bracing. We are able to determine what systems in the body are dysfunctional and correct them to aid the body in returning to its highest level of function, ultimately, protecting one's performance. In recent years this has proven the difference unique situations where it may be a contract year. Our team has the ability to keep up an athlete's performance to achieve a lucrative contract or maintain the physical attributes to endure a season in the pro levels.

Our team of highly trained professionals includes 3 registered physiotherapists, 2 chiropractors, 2 registered massage therapists, 1 naturopathic doctor and 1 athletic therapist. We work together as a team to determine the best course of action for your client. Along with our professional services, we offer travel visits to players on location within their home city to maintain performance throughout the season.

We would love the opportunity to set up a time to further discuss the opportunity to collaborate with your agency to provide your clients the best care they can receive while in and out of season.

Sincerely,

Dr. Daniel C. Agostinelli BSc. MSPT, DPT, CMAG

Doctorate in Physical Therapy

Senior Instructor - Medical Contemporary Acupuncture

Active Release Technique

Registered Physiotherapist

Sport Physiotherapist Candidate

Neurofunctional Sports Performance Practitioner

Hamilton Tiger Cats Performance Care Team Member



T 905.930.7876 F 905.930.8886

E daniel@absoluterw.com W absoluterw.com

198 BARTON STREET, STONEY CREEK, ON L8E 2K2